Dr Caroline West

MBBS FASLM

My Story...

Dr Caroline is a GP with a special interest in Preventative and Lifestyle Medicine, Mental Health, the Quality use of Medicines and Women's Health.

She has had a long association with East Sydney Doctors , working with the local community. Well known as a media doctor, Dr Caroline also regularly communicates health and wellbeing issues to a broad audience through her TV shows , podcasts and blogs.

She has been the presenter/ producer for many of Australia's top TV shows including Catalyst, Ask the Doctor, Beyond 2000 and Good Medicine. Caroline is the Past President of the Australasian Society of Lifestyle Medicine.

In 2026 she returned to East Sydney Doctors after working in Broken Hill with the Royal Flying Doctor Service during Covid , followed by a few years working in women's health and preventative health in Bangalore, India.

My Specialties...

Antenatal & Prenatal Care
Childrens Health
Cosmetic Injectables
Gender Affirming Care
HIV Care
Immunisations
Implanon Procedures
Medical Termination of Pregnancy
Mens Health
Mental Health
Sexual Health & PrEP
Skin Checks
Womens Health

Book Appointment with Dr Caroline West

Click Here

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Social

Our Other Locations

Taylor Square Private Clinic

Bondi Road Doctors

More Info

After Hours, Home Visits & Emergencies
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